Supervision Can Be Playful

Please complete the following quiz to earn Continuing Education credit.

Your name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Supervisors of play therapists need to have specialized training in child development and the culture of childhood.
	1. True
	2. False
2. The Gatekeeper role of the supervisor assesses the supervisee’s readiness to enter the field.
	1. True
	2. False
3. A benefit of group supervision is:
4. money saving
5. feedback from a variety of perspectives
6. setting allows for team building, role playing, simulations
7. all of the above

1. Supervisors promote growth in their supervisees by:
	1. communication
	2. modeling
	3. direct teaching of skills
	4. all of the above
2. The presenters discussed all of the following roles that supervisors may have in the play therapy supervision dynamic EXCEPT:

a. responsibilitator

b. coach

c. friend

d. administrator

6. The supervisor role of \_\_\_\_\_\_\_\_\_\_\_ can be described as one where the supervisor reinforces the fundamentals through repetition, drills, corrective feedback while simultaneously providing motivation.

1. mentor
2. coach
3. therapist
4. role model

7. According to the presenters, supervisors should assess the supervisee’s need through all of the following lenses EXCEPT:

1. developmental
2. intellectual
3. remedial
4. administrative

8. Supervisees who are in the early stages of development as a mental health professional or play therapist typically need the supervisor to assume the role of:

1. colleague
2. gate keeper
3. teacher
4. evaluator

9. The presenters argue that supervision of play therapy is unique because:

a. communication is expanded beyond the verbal

b. it includes work with collaterals in the child’s life, i.e. parents and other professionals.

c. the supervisor needs to speak “play”

d. all of the above

10. The presenters recommend the use of non-verbal expression in play therapy supervision because:

a. non-verbal expression replicates the non-verbal experience of play therapy and gives supervisees added insight into child clients’ experiences.

b. supervisees may have difficulty expressing certain issues using strictly verbal means

c. play therapy activities allow for supervisee to gain more self-awareness

d. all of the above

11. The purpose of a “closer” activity is to:

a. give supervisees an opportunity to express personal reactions/feelings related to the supervision

b. give the supervisor insight into how the supervisee views the supervision session

c. assist the supervisor in assessing supervisee’s understanding of the issues brought up in the supervision session

d. all of the above

12. The presenters recommend that supervision of play therapy and play therapists include:

a. supervision grounded in a knowledge of child development and the culture of childhood

 b. training in cognitive behavioral techniques

 c. a supervisor with a PhD credential or above

 d. in-person, face-to-face format only

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