

The Play Therapy Basic Training Workbook: A guide to learning and living the child-centered play therapy philosophy guides budding and seasoned play and child therapists through a philosophical orientation to child-centered play therapy while simultaneously integrating reflective and experiential exercises that are relevant to clinical practice. Readers are engaged in the learning process from start to finish and as a result will witness personal and professional growth with completion of each section.

Some chapter highlights includes:

- Childhood as a culture
- Stages of child-centered play therapy
- How to set limits in a play therapy session
- Is the child ready for termination?

“This indispensable workbook will revolutionize the teaching of play therapy, as it fills a longstanding gap between theory and practice. The author successfully integrates the foundational content needed to orient play therapists-in-training with an essential series of reflective and experiential activities designed to facilitate skill development. This material belongs on the shelf of every play therapist-in-training, as well as those who are teaching and supervising play therapists.”

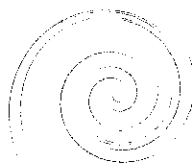
- *Melissa Luke, MS, LMHC, ACS*
Instructor, Counseling and Human Services Department
Syracuse University

“This manual succeeds in that it presents complex ideas and goals in play therapy and makes them seem easy and attainable. Mullen has assembled a taut and practical skills-based approach to the sometimes erudite field of child psychotherapy. With her years of child-centered training and relevant experiences as a mother, she crafts a training manual designed to augment the knowledge base in the child mental health spectrum. Diverse groups will find the exercises in this manual beneficial, from nascent students, to seasoned professionals, to disenchanted parents searching for new ways to interact with their children. Mullen has given us a meaningful contribution.”

- *Eric Green, PhD, LCPC, LMFT, RPT*
Assistant Professor, Counseling and Human Services,
Johns Hopkins University

“Dr. Mullen has done an outstanding job of providing helpful and insightful activities for beginning child-centered play therapists. The activities she created attend to the therapist’s ability to gain understanding and see the world through the child’s eyes. These exercises are helpful and focus on the challenging aspects of play therapy. She has incorporated the vitally important aspect of the unique culture of children which is rarely discussed in the professional literature. Dr. Mullen’s experience as a therapist and supervisor are clear in the concepts and theoretical philosophies she stresses in this workbook.”

- *Mary Morrison, PhD, LPC, NCC, RPT*
Assistant Professor, Professional Counseling Program
Texas State University- San Marcos



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